ASEPAC General Meeting March 4, 2020

MEETING DATE/TIME/LOCATION:
Wednesday March 4, 2020
7:00 p.m. - 9:00 p.m.
Willett Elementary School
32 Watson Ave
Attleboro, Ma 02703

PRESENT AT MEETING: See attached sign-in sheet

BOARD MEMBERS PRESENT:
Angela Ferreira: Chairperson
Julie Doxsey: Co-Chairperson
Michelle Brouillard: Workshop Coordinator
Heather Jutras: Secretary
Becky Nunes: Treasurer

Recording secretary: Heather Jutras

7:00 p.m. GENERAL MEETING

Angela Ferreira:
Welcome, please sign in
Introduction of the ASEPAC board
If you have any questions, suggestions, or ideas for future training topics please put them into the question box
Kindergarten information night is on Thursday, March 5, 2020
Information for the district grade span conversion meeting is located on the Attleboro Public School’s web site
The Make a Difference Award ceremony will be held April 16, 2020. Nominations will be accepted until March 30, 2020. The committee for the MADA is looking for volunteers.
ASEPAC members are encouraged to volunteer and help out with activities
ESY dates were announced
The Special Olympics day games will be held on June 10, 2020 at the North Attleboro high school.
The ASEPAC is looking for volunteers to join the board.
You can learn more about the ASEPAC by visiting the school district website and reviewing the ASEPAC page
ASEPAC officers can be reached via Facebook, email, or phone

**Presentation:**
Behavior Basics and De-escalation

**Presented by:**
Colton MacDonald MS, Ed.S, Board Certified Behavior Analyst

Areas reviewed during the presentation are:

Behavior basics: ABA – data driven, breaks apart concepts, shows what behavior can change
Attention seeking behavior: The attention that children like negative and positive
Tangible: Engagement in problem behavior to get a certain item
Escape/Avoidance: Escape a task to end it or drag things out
Sensory/Automatic: Automatic behaviors sometimes described as “feeling good”. Essentially, we can’t identify why someone does this behavior.

**Antecedent**
**Behavior**
**Consequence**

Reinforcement: giving something or taking something away that makes a behavior happen more often.
Behavior Trap: giving a person what they want because they engage in disruptive behavior.
Verbal De-escalation: safety Care, be aware of your tone/ volume of your voice, facial expressions, body posture, avoid the phrase “calm down”, and limit langue.

Help Strategy: may have a need that they can’t express. Give a cue, avoid choices and ask.

Prompt Strategy: neutrally ask the person to start a different behavior that can’t be done at the sometime as the problem behavior. Cue the student to do a series of verbal or motor tasks that are very easy for the child to do.

Wait Strategy: allows the person to safely begin de-escalating without communicating with them.

Question and Answer time

Meeting Adjourned at 9:00pm