

OCTOBER 2021 VIRTUAL MENU

	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>
MEAL BUNDLE MENU FOR: TUESDAY, 10/5	OCTOBER 6 Breakfast: Apple Frudel Fresh Fruit, Fruit Juice & Milk Lunch: Nacho Meal Tortilla Chips, Cheddar Cheese & Salsa Cheese Stick Cucumber Fruit Cup, Fresh Fruit & Milk	OCTOBER 7 Breakfast: Yogurt with Goldfish Graham Fresh Fruit, Fruit Juice & Milk Lunch: Breaded Mozzarella Sticks Marinara Sauce Cup Salad Fresh Carrots Fresh Fruit, Fruit Juice & Milk	OCTOBER 8 Breakfast: Assorted Cereal Fresh Fruit, Fruit Juice & Milk Lunch: Stuffed Crust Pizza Salad Fresh Carrots Fruit Cup, Fresh Fruit & Milk	OCTOBER 11 Breakfast: Strawberry Mini Pancakes Fresh Fruit, Fruit Juice & Milk Lunch: Hot Dog on Bun or Cheese on Kaiser Roll Fresh Carrots Cucumber Fruit Cup, Fresh Fruit & Milk	OCTOBER 12 Breakfast: Benefit Bar Fresh Fruit, Fruit Juice & Milk Lunch: Oven Roast Chicken or Hard Boiled Egg Dinner Roll Goldfish Crackers Fresh Carrots Salad Fruit Juice, Fresh Fruit & Milk
	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>
MEAL BUNDLE MENU FOR: TUESDAY, 10/12	OCTOBER 13 Breakfast: Banana Muffin Fresh Fruit, Fruit Juice & Milk Lunch: Grab & Go Yogurt Meal w/ Goldfish Graham Fresh Carrots Cucumber Fruit Cup, Fresh Fruit & Milk	OCTOBER 14 Breakfast: Yogurt with Goldfish Graham Fresh Fruit, Fruit Juice & Milk Lunch: Max Sticks Marinara Sauce Cup Salad Fresh Carrots Fruit Juice, Fresh Fruit & Milk	OCTOBER 15 Assorted Cereal Fresh Fruit, Fruit Juice & Milk Lunch: Pizza Salad Fresh Carrots Fruit Cup, Fresh Fruit & Milk	OCTOBER 18 Breakfast: Mini Cinni Fresh Fruit, Fruit Juice & Milk Lunch: Chicken Patty Sandwich or Cheese on Kaiser Roll Cucumber Fresh Carrots Fruit Cup, Fresh Fruit & Milk	OCTOBER 19 Breakfast: Benefit Bar Fresh Fruit, Fruit Juice & Milk Lunch: French Toast Egg Patty Cucumber Salad Fruit Juice, Fresh Fruit & Milk

All meal bundles are picked up on Tuesdays (unless otherwise noted) and include one full school week of breakfasts and lunches.

Fresh Fruit may include: apples, oranges, bananas, pears

Fruit cups may include: applesauce, strawberry cup, peach cup, mixed fruit, pears

100% Fruit Juice may include: apple, orange, grape or fruit punch

Milk: 1% White Milk

This institution is an equal opportunity provider. Menu subject to change without notice.

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	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>
MEAL BUNDLE MENU FOR: TUESDAY, 10/19	OCTOBER 20 Breakfast: Mini Cream Cheese Filled Bagel Fresh Fruit, Fruit Juice & Milk Lunch: Nacho Meal Tortilla Chips, Cheddar Cheese & Salsa Cheese Stick Cucumber Fruit Cup, Fresh Fruit & Milk	OCTOBER 21 Breakfast: Yogurt with Goldfish Graham Fresh Fruit, Fruit Juice & Milk Lunch: Breaded Mozzarella Sticks Marinara Sauce Cup Salad Fresh Carrots Fresh Fruit, Fruit Juice & Milk	OCTOBER 22 Breakfast: Assorted Cereal Fresh Fruit, Fruit Juice & Milk Lunch: Stuffed Crust Pizza Salad Fresh Carrots Fruit Cup, Fresh Fruit & Milk	OCTOBER 25 Breakfast: Maple Mini Pancakes Fresh Fruit, Fruit Juice & Milk Lunch: Hot Dog on Bun or Cheese on Kaiser Roll Fresh Carrots Cucumber Fruit Cup, Fresh Fruit & Milk	OCTOBER 26 Breakfast: Benefit Bar Fresh Fruit, Fruit Juice & Milk Lunch: Oven Roast Chicken or Hard Boiled Egg Dinner Roll Goldfish Crackers Fresh Carrots Salad Fruit Juice, Fresh Fruit & Milk
	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>
MEAL BUNDLE MENU FOR: TUESDAY, 10/26	OCTOBER 27 Breakfast: Blueberry Muffin Fresh Fruit, Fruit Juice & Milk Lunch: Grab & Go Yogurt Meal w/ Goldfish Graham Fresh Carrots Cucumber Fruit Cup, Fresh Fruit & Milk	OCTOBER 28 Breakfast: Yogurt with Goldfish Graham Fresh Fruit, Fruit Juice & Milk Lunch: Max Sticks Marinara Sauce Cup Salad Fresh Carrots Fruit Juice, Fresh Fruit & Milk	OCTOBER 29 Breakfast: Assorted Cereal Fresh Fruit, Fruit Juice & Milk Lunch: Pizza Salad Fresh Carrots Fruit Cup, Fresh Fruit & Milk	NOVEMBER 1 Breakfast: Mini Cinni Fresh Fruit, Fruit Juice & Milk Lunch: Chicken Patty Sandwich or Cheese on Kaiser Roll Cucumber Fresh Carrots Fruit Cup, Fresh Fruit & Milk	No School

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Milk: 1% White Milk

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