



East Hartford Public Schools

NEW Grab & Go Meals for January 19 - 22, 2020

Breakfast & Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1/18</p> <p style="text-align: center;">Closed in Observance of Martin Luther King Jr.</p>	<p>1/5</p> <p style="text-align: center;">Distribution Day (1 meal) Lunch</p> <p style="text-align: center;">Cheeseburger on a WGR Roll (1) Fruit ½ cup, (1) Vegetable ¼ cup, (1) Milk</p> <p style="text-align: center;">Breakfast Otis Spunkmeyer Muffin (2g), (1) Fruit Juice ½ cup & (1) Milk</p>	<p>1/6</p> <p style="text-align: center;">Distribution Day (1 meal) Lunch</p> <p style="text-align: center;">BBQ Pork Rib Sandwich WGR Roll (1) Fruit ½ cup, (1) Vegetable ¼ cup, (1) Milk</p> <p style="text-align: center;">Breakfast 1 Cinni Mini (2g) (1) Fruit Juice ½ cup & (1) Milk</p>	<p>1/7</p> <p style="text-align: center;">Distribution Day (1 meal) Lunch</p> <p style="text-align: center;">Popcorn Chicken Bowl (1) Fruit ½ cup, (1) Vegetable ¼ cup, (1) Milk</p> <p style="text-align: center;">Breakfast Fruit Filled Frudel (2g) (1) Fruit Juice ½ cup & (1) Milk</p>	<p>1/8</p> <p style="text-align: center;">Distribution Day (1 meal) Lunch</p> <p style="text-align: center;">WGR Bosco Stick with Marinara (1) Fruit ½ cup, (1) Vegetables ¼ cup, (1) Milk</p> <p style="text-align: center;">Breakfast Blueberry Bash Waffles (2g) (1) Fruit Juice ½ cup & (1) Milk</p>

All meals are complete meals. Anyone under 18 years of age may receive a Grab & Go bag. Meals served 11:00 am – 12:00 pm.

	<p>Children do not need to be present to receive a meal bag.</p> <p>Children under the age of 18 are eligible to receive 1 free Breakfast and Lunch meal daily</p>		<p>Please contact the Sodexo Food Services office for further information or special dietary requests.</p> <p>860-568-4252</p>	
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MENU IS SUBJECT TO CHANGE WEEKLY BASED ON AVAILABILITY

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This institution is an equal opportunity provider and employer.