

Email and social media resources for Bag a Lunch, Help a Bunch

Email option 1



Let's do our part to feed our neighbors. We are proud to partner with Table to Table to raise money for their annual **Bag a Lunch, Help a Bunch** campaign. The great thing about this program is that for every \$1 donated, we can provide 10 meals! This food nourishes thousands of children, families, seniors, and people simply trying to make ends meet.

WHAT IS BAG A LUNCH?

Bag A Lunch, Help A Bunch is a grassroots campaign that asks individuals, employees in businesses and students in schools to donate the equivalent of one day's lunch money to help Table to Table fight hunger in our communities.

WHY DONATE?

Nearly 2 million people in New Jersey are hungry, including 1 in 5 children. Every day, more families are lining up at food pantries and soup kitchens waiting for Table to Table's deliveries. This year, Table to Table will deliver more than 39 million meals.

DOUBLE YOUR IMPACT

All school donations, up to \$30,000, will be matched by The Bernard and Geraldine Segal Foundation.

PLUS, the school in Northern NJ that raises the most will receive The Bag a Lunch, Help a Bunch Bernard and Geraldine Segal Foundation Award for Student Philanthropy, which recognizes the altruistic efforts within a school community. The winning school will be promoted through social media and publicity. Hurry, the match deadline is December 3, 2021.

[DONATE: Click here to learn more and to make your contribution today.](#)