

# APRIL 2022

## North Slope Borough Schools

### LUNCH



#### School Information:

North Slope Borough School District  
Food Services Department  
Utuaavik, Alaska



**APRIL NUTRITION TIP:** Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Burrito  
Spanish Rice  
Beans  
Frozen Fruit Cup  
Milk 1

Salisbury Steak  
Potatoes  
Broccoli  
Blueberries  
Milk 4

Alfredo Chicken  
Corn Bread  
Spinach  
Blueberries  
Milk 5

Shepherd's Pie  
Mashed Potatoes  
Biscuit  
Carrots - Peaches  
Milk 6

Thai Chili Chicken  
Rice  
Green Beans  
Mixed Fruit  
Milk 7

Tony's Cheese Pizza  
Potatoes  
Broccoli  
Frozen Fruit Cup  
Milk 8

Fish Sticks  
Potatoes  
Broccoli  
Blueberries  
Milk 11

Spaghetti w. Meatballs  
Cheesy Bread  
Vegetable Blend  
Pears  
Milk 12

Teriyaki Chicken  
Rice  
Green Beans  
Peaches  
Milk 13

Pulled Pork Sliders  
Potatoes  
Corn  
Mixed Fruit  
Milk 14

Big Daddy's Pizza  
Cake  
Carrots  
Frozen Fruit Cup  
Milk 15

Chicken Strips  
Potatoes  
Green Beans  
Fruit Cup  
Milk 18

Rotini w. Meat Sauce  
Cheesy Bread  
Broccoli  
Pears  
Milk 19

Cook's Choice 20

Roasted Chicken  
Mashed Potatoes  
Vegetable Blend  
Peaches  
Milk 21

Tony's Pizza  
Cake  
Carrots  
Frozen Fruit Cup  
Milk 22

Chicken Nuggets  
Potatoes  
Carrots  
Mixed Fruit  
Milk 25

Sweet & Sour Meatball  
Rice  
Green Beans  
Peaches  
Milk 26

Roast Pork  
Mashed Potatoes  
Broccoli  
Pears  
Milk 27

BBQ Chicken  
Rice  
Vegetable Blend  
Blueberries  
Milk 28

Burrito  
Spanish Rice  
Baked Beans  
Frozen Fruit Cup  
Milk 29